

Buchan Phoenix

Rising from the ashes...

Communication for the community by the community.

November 2019 Issue 39

Produced by Buchan District Outreach Inc. trading as Buchan Neighbourhood House A14882S



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The newsletter is delivered to every household in the District and is also available online at buchan.vic.au or via Facebook at Buchan Neighbourhood House. All editions are available electronically at the State Library online site (Trove). If you are not receiving the newsletter please contact us and we will ensure that a copy is mailed to your address.

Newsletters can be posted for an annual fee of \$16.50 incl. GST per 12 editions to anyone outside the district, or contact us with your email address and we can send an electronic version for free. Dates for submissions will be advertised in each edition and we welcome your contributions.

Submissions closing date for the next edition will be Monday 9th December.

We welcome articles and other contributions from the general public, clubs and organisations. Submissions can be sent to info.buchan@gmail.com or drop them into the Neighbourhood House.

Advertisements are \$55 for 12 editions or \$5.50 per edition.

The Buchan Neighbourhood House takes no responsibility for opinions expressed by contributors to the *Buchan Phoenix*. The Editors reserve the right to reject articles and advertisements and to edit submissions if necessary. **All submissions should include the author's full name, address and phone number, but may be anonymous if preferred.** Buchan Neighbourhood House is open Monday to Thursday from 10.00am—4.30pm.



Buchan and District Community Gathering
FREE
Saturday 30th November
Buchan Hall
Starting at 6pm with a BBQ dinner
BYO Drinks
Music by Gippsland Band *Your Shout*
This is a FREE event supported by Emergency Management Victoria via funding received through the East Gippsland Shire Council to provide critical and immediate recovery to communities impacted by the 2019 bushfires.
For catering numbers and to win a Lucky Door prize on the night tickets are required to attend and can be collected at the Neighbourhood House or Buchan Bush Nursing for FREE
Please bring a plate to share for supper
Please let us know of any dietary requirements
Transport will be available for Wulgulmerang, Gelantipy, W Tree, Merrindal but you MUST book your place with the Neighbourhood House. The bus will be leaving Gelantipy Bush Nursing at 5pm and we can collect people along the way. Bus will be leaving Hall around 11:30 pm



BUCHAN FLOWER SHOW 2019

RAFFLE WINNERS

- 1st — John Champion
- 2nd — Lauchie Cross
- 3rd — Lauren McCrae
- 4th — Lindsay Fall

Champion Rose — Julie-Anne Mraz

Best Aggregate — Judi Sykes

Novice Award — Elle McAuliffe



Photo: Deborah Woodburn

The *Buchan Phoenix* would like to acknowledge the Gunaikurnai People, Traditional Owners of the land on which we gather, and pay our respects to their Elders past, present and emerging.

Darren Chester

Federal Member for Gippsland

Putting locals first
#lovegippsland



www.darrenchester.com.au

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TIM BULL

Member for Gippsland East

Servicing Buchan and district
community

143 Main Street, Bairnsdale, 3875
5152 3491

tim.bull@parliament.vic.gov.au

Funded from Parliament's Electronic Office
and Communications Budget



Wanted to buy

Acreage – Buchan and surrounds.

Ideally within a 20 minute drive from Buchan.

Would consider up to 500 acres or thereabouts.

Will consider with or without house.

Phone: 0419 008 393

Buchan Farmhouse Accommodation

Your Hosts:

Mary & Dennis Gilbert



51 Old Basin Rd,
Buchan, Vic. 3885
Ph: (03) 5155 9394

E: buchan_farmhouseaccommodation@activ8.net.au

Salt Room Therapy

A natural treatment!

- Salt room sessions can help skin conditions such as psoriasis and eczema and a range of respiratory ailments, including sinus, colds, asthma, allergies and bronchitis. Also aids the immune system and general health and wellbeing.
- Use in conjunction with medications you have been prescribed.
- Salt therapy is 30 mins in duration and costs \$30 per session.
- Sit comfortably in the spacious salt chamber while listening to music or meditating. One or two people at a time.
- Sometimes called halo therapy, the chamber is designed to provide a relaxing and unusual experience.
 - Bookings essential.

Phone Sandra on 5155 9416 or 0428 559 470 for an appointment.



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For information contact

Peter Washington

0418 337 955





An invitation to Buchan & District Preparedness and Community Based Bushfire Management Meeting & BBQ

Tuesday November 19th 2019

Community BBQ at 6.00pm followed by meeting
at the Recreation Pavilion

There will also be demonstrations by the CFA using simulation and burn tables.

Pre-season update	Brad Fisher	DELWP
Registrations and Relief Centres	Shane Turner	EGSC and Evelyn Schmidt BNH
Updated LIMP one page and booklet	Blanche Evans	EGSC
Victoria Legal Aid	Chris Nicholson	Civil Lawyer

Presentation and a Q&A session about insurance in bushfire prone areas and what to expect should you ever need to access these services after a fire.

Buchan and District Community Based Bushfire Management (CBBM) Project

Michelle Kearns DELWP

What is the CBBM project, how it works, and what we can do towards improving our fire management and preparedness. This will give an opportunity for all of the community to contribute to our bushfire management.

Some suggestions for discussion

- * Is your property Fire Ready Prepared?
- * If not what can be done to improve your patch?
- * Do you need assistance with developing a Fire Plan for yourself and your property?
- * Do you need a helping hand to prepare your property?
- * What other areas need to be cleaned up around our district?
- * Do we need a community based fuel management plan and community values map?
- * Informed decision making including : Should I stay or should I go? Where do I go?
How do I ensure the safety of others?
- * If you have stock and/or pets: where to go, what to do?

Resources and handouts will be on display.

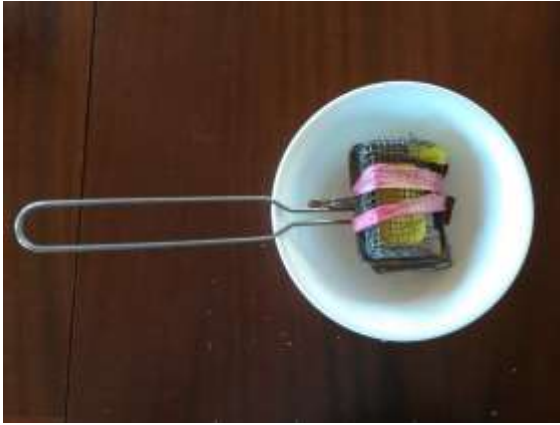
We would love to see as many people at this gathering as possible, contributing to our safety and enjoying a BBQ dinner together.

Please RSVP to Buchan Neighbourhood House by 14th November for catering purposes.

Email: buchanbnh@bigpond.com Phone: 5155 9216

Transport to and from the meeting will be available for Wulgulmerang, Gelantipy, W Tree, Murrindal. The bus will be leaving Gelantipy Bush Nursing Centre at 5pm and we can collect people along the way but you must book your place on the bus.

Another (Small) Way To Save The World



Above: My very tired old soap swisher



For years I haven't used dishwashing liquid, but have done a fine job with an implement I've called (for want of a better title) a "Soap Swisher".

It is a metal cage with a handle that takes chunks of Velvet Soap, and you just swish it around under the hot running water and do your dishes. It is absolutely as good as any liquid, a whole lot cheaper, and no plastic bottles going to landfill.

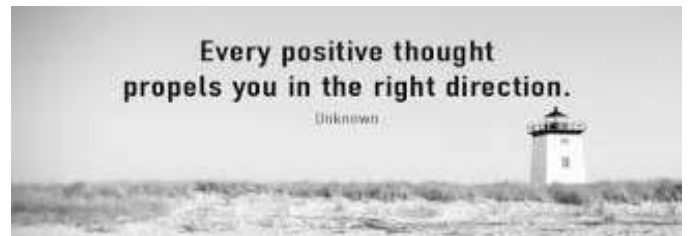
I got mine second hand years ago, and for several years it was so trashed I had it held together with sturdy rubber bands. Because I couldn't source a replacement. Even my son, the Internet wizz, couldn't find me one.

Enter a great new Bairnsdale business, Nicholson River Soaps in Bulmer's Arcade.

I now have a brilliant new, incredibly sturdy, stainless steel swisher that takes a whole cake of Velvet Soap. (Which means I don't have to hack up bars of soap.) It wasn't cheap at \$45, but it's a beauty.

Contributor: Deb Woodburn

Left: My fabulous new Soap Swisher from Nicholson River Soaps



Christmas Lights Competition 2019

1st, 2nd and 3rd Prizes of hampers

valued at \$150, \$100 and \$50

LIGHT UP YOUR HOMES FOR CHRISTMAS !

The Buchan Heritage Group is reintroducing the Christmas Lights competition this December. We encourage everyone to put on a show this year. Judging will take place in the week leading up to Christmas.

If you live out of town and would like to take part please contact Rhonda Coates.

Enquiries: Rhonda Coates 5155 9373 or 0427 170 714

This event supported by Emergency Management Victoria via funding received through the East Gippsland Shire Council to provide critical and immediate recovery to communities affected by the 2019 bushfires.

Buchan Valley Golf – October Report

All members 18 holes played on Sundays starting at 10:30am—

Sunday 6th Event— Stableford Secret Partners:

- Winners—John Gartside and Terry Littlejohn, together they scored 66 points.
- N.T.P. No. 3 J. Gartside, No. 5 J. Gartside, No. 12 J. Croft, No. 14 A. McArthur.

Sunday 13th Event—Sunny Point Olives—Pinehurst Mixed:

- Winners—John Gartside and Helen Hume 72/125 nett.
- Runners-up—Peter and Julie Whillance 74/375 nett.
- Ladies N.T.P. No. 3, No. 5 & No. 12 H. Hume, No. 14 J. Littlejohn.
- Men's N.T.P. No. 3 J. Gartside, No. 5 & No. 12 A. McArthur, No. 14 J. Littlejohn.

Sunday 20th Event—Stableford—2 clubs plus putter:

- Winners—John Gartside 38 points.
- Runner-up—Dean Phelan 36 points.
- N.T.P. No. 3 H. Hume, No. 5 D. Phelan, No. 12 P. Whillance, No. 14 J. Gartside.

Sunday 27th Event—Monthly Medal 18 holes stroke:

- Winner—Dean Phelan 72 nett.
- Runner-up—Dave Pedley 73 nett.
- N.T.P. No. 3 A. McArthur, No. 5 & No. 12 J. Hills, No. 14 A. McArthur.

Men's Veteran Members 9 holes stroke for Men over 55 years played on Wednesday afternoons—

2nd October: Winner Dave Pedley 37 nett; Runner-up Ray Murphy 40 nett; no N.T.P. recorded.

9th October: Winner Dave Pedley 32 nett; Runner-up Dennis Sandy 35 nett; N.T.P. No. 12 D. Pedley, No. 14 J. Hills.

16th October: Winner Dennis Sandy 26 nett; Runner-up Alan Waack 31 nett; N.T.P. No. 3 P. Ferguson, No. 5 D. Sandy.

23rd October: Winner Tommy Mee 27 nett; Runner-up Dave Pedley 36 nett; N.T.P. No. 12 T. Gartside, No. 14 J. Hills.

30th October: Winner Alan Waack 29 nett; Runner-up John Hills 33 nett; N.T.P. No. 3 & No. 5 T. Mee.

Thursday's Ladies Members 9 holes stroke was off and on intermittently through September and October, with some ladies away not well, so hurry back girls as you are missed.

Gaye and Dennis Sandy's farewell was on the evening of Thursday 31st October at the Buchan Hotel. We wish them all the best for the future.

Special Golf Events for November 2019 will be:

- Wildflower Tournament on Sunday 17th November
- Annual General Meeting on the evening of Tuesday 19th

Continuing explanation of "Golf Games with a Partner":

Foursomes—is a straight out stroke game with only one ball in play. Each player's handicap is on the card beside their name and the two are added together and halved which then becomes the handicap for the Partners for that round. Before starting it is decided who of the pair will drive on the even numbered holes and who will drive on the odd numbered holes, and the game proceeds with alternate hitting of the one ball until the 18 holes are played. The scores for each 9 holes are added together and the handicap subtracted to provide the final score with the lowest score being the winner.

Canadian Foursomes—is a game which is very similar to Foursomes (above) except each of the partners tees off with their own ball and the ball in the best position is then chosen to be their ball in play for that hole, with alternate hitting of the ball until a result is recorded. On completion of the 18 holes the partners have their combined handicaps halved which is then deducted from their final score. The card with the lowest score wins. In the next edition we will talk about Pinehurst and 4 B.B.B. (Ball Best Ball) games.

Contributor: Cherry McArthur



Do you have any old photos of Gelantipy locals with names included? Judi Sykes from the Gelantipy Hall Committee is looking for photos to put on display in the hall.

Please contact Judi at Karoonda Park on 5155 0220 if you are able to help.

The photo above is of Betty Hodge, Gelantipy, January 1959.

Gelantipy Christmas Tree 2019

All welcome

Get in the Christmas spirit at the Gelantipy Hall
on Sunday 1st December.

Santa will be dropping in at around 3:00pm with an
early dinner of meat and potatoes to follow.

Bring along a salad or a sweet.

**For further details please contact
Lauren (03) 5155 0250**



The Bush Café, at GLaWAC's corporate headquarters in Kalimna West, is an initiative to promote Gunaikurnai culture and Indigenous food as well as provide employment and education opportunities for Gunaikurnai people. The Aboriginal Art Gallery is also open for viewing. Under Head Chef, Kevin Murray, a proud Gunaikurnai man, and with the support of local staff, James Mullett and Bradley Helmers, the Bush Café will be open Monday to Friday from 9.30 am – 3.00 pm for breakfast, morning and afternoon tea and lunch, offering fresh, local produce featuring bush tucker and Indigenous flavours. The cafe seats up to 40 people.



GLaWAC CEO, Roger Fenwick said that the Bush Café is an exciting commercial enterprise undertaken by GLaWAC as providing opportunities for Gunaikurnai people to have access to employment and on-the-job training in the hospitality sector.

"GLaWAC is very fortunate to have secured Kevin Murray as the Bush Café's Head Chef. Kevin has over 25 years' experience in hospitality completing his Chef's apprenticeship at the former Orbost and District Hospital and running his own successful café in Orbost. As a Gunaikurnai man, he is bringing his extensive cultural knowledge as well as his work experience to the table," Roger said.

Head Chef Kevin Murray said the Bush Café will introduce people to the Indigenous flavours that his ancestors experienced in the past by bringing those flavours to modern tastes.

"Everybody has to eat, and my ancestors had healthy diets and thrived by eating fresh meat and fish, cooked simply using Indigenous flavours from plants and spices such as Salt Bush, Mountain Pepper, Wattleseed and Bush Tomatoes," Kevin said.

"My passion is to bring Bush Tucker to the table and encourage people to try something different and eat healthy foods, while building a team that can work front of house with our customers as well as back of house in the kitchen learning how to run a commercial hospitality business."

The Bush Café will also cater for in-house meetings and events held at GLaWAC. The corporate headquarters at Forestec, Kalimna West has two Boardrooms that can seat up to 20 and 15 people as well as an Auditorium that seats up to 80 people. The three rooms have audio visual equipment and screens. Room hire and catering costs apply. For bookings contact GLaWAC Reception on (03) 5152 5100 or email reception@glawac.com.au

Details:

Gunaikurnai Land and Waters Aboriginal Corporation (GLaWAC), Forestec, 27 Scriveners Road, Kalimna West.

Open Monday to Friday, 9.30 am – 3.00 pm. Serving Breakfast, Morning Tea, Lunch, Afternoon Tea

Seats up to 40 people. Menu featuring local, fresh produce and Bush Tucker. Bookings preferred for large groups over 6 people by calling GLaWAC Reception on (03) 5152 5100.

POLICE ASSISTANCE LINE AND ONLINE REPORTING

Victoria Police launched the Police Assistance and Online Reporting Service to the public in July this year.

As an alternative to calling or visiting your local police station, you can now report some non-urgent crime and events anytime, anywhere by calling the Police Assistance Line on **131 444** or submitting an online report at police.vic.gov.au.

Examples of non-urgent crimes and events include:

- Theft (including theft of a motor vehicle)
- Property damage
- Lost property
- Partysafe registration
- Absence from residence registration
- General police enquiries



You should still call Triple Zero (000) immediately if the incident is life-threatening or needs immediate police attendance, if a crime is happening now, or if an offender is (or may be) in the area.



WALK TO CHANGE The Story

WEDNESDAY 27 NOVEMBER

COMMUNITY WALK

Start and finish at
Bairnsdale Primary School
(330/370 Main Street)
meet 10.30am sharp

COMMUNITY EVENT

BYO Picnic - school canteen
open to purchase food
Guest speakers, information,
activities for children

LOVE AND RESPECT =
happy FAMILIES

For more information contact Nicole or Brea on
5155 8300 or email wtcts@glch.org.au

#WTCTS19 #16DaysOfActivism #RespectWomenStopViolence
Poster artwork by students of Bairnsdale Primary School



Australia Day Awards 2020

Know an East Gippsland person or event that has
made an outstanding contribution to our community?

Citizen of the Year
Young Citizen of the Year
Community Event of the Year

Nominations close 22 November 2019



Nomination forms available on East Gippsland
Shire Council's website or visit one of our
customer service centres,
eastgippsland.vic.gov.au/ausday
5153 9500 or 1300 555 886



Wicking Boxes Workshop

The Organics Agriculture Association will be coming to
Buchan on **Sunday 17th November** and will be at the Buchan
Community Garden from 10am.

Stephen Cross, President OAA Inc. will be giving a
presentation on wicking boxes and then a demonstration
turning one of the existing beds into a wicking bed. We will
then do some individual boxes showing how it can be done
at home and what materials to use.

Bring a lunch to share.



Please book by ringing the
Buchan Neighbourhood
House on 5155 9216 or
0427 586 038

EAST GIPPSLAND
SHIRE LIBRARIES

FREE BOOKINGS ESSENTIAL

Social Inclusion Week Movie Screening The Public



Join us for the Social Inclusion Week movie screening of The Public

After learning that emergency shelters
are at full capacity when a brutal
Midwestern cold front makes its way to
Cincinnati, a large group of homeless
library patrons refuse to leave the
downtown public library at closing time.
Phone 5152 4225 or book in person
at the library for this FREE event.

Tue. 26 November
Orbost Service Centre
2.00 pm - 4.00 pm

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Orbost Service Centre
2.00 pm - 4.00 pm

Wed. 27 November
Lakes Entrance
Service Centre
2.00 pm - 4.00 pm

Thu. 28 November
Bairnsdale Library
2.00 pm - 4.00 pm

Fri. 29 November
Paynesville
Service Centre
2.00 pm - 4.00 pm



Libraries
Change Lives

East Gippsland Shire

Outreach Services

Library Books can be reserved, collected or returned at the Neighbourhood House.

Mobile Library Bus days are held fortnightly on a Tuesday.

The next service for 2019 will be:

Tuesday 19th November

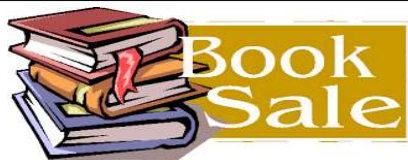
Tuesday 3rd December

Buchan (near school) 9.15 am – 10.00 am

W Tree (near SIBA Retreat Centre) 10.45 am – 11.30 am

(Neighbourhood House & kinder) 12.30 pm – 2.00 pm

2019 Library schedules, Council minutes and planning permits are also available upon request at the Neighbourhood House



BUCHAN UNITING CHURCH

90 Main Street, Buchan

(North side of Buchan River)

Open Saturdays from 9.00am to 3.30pm

(or by appointment)

For more information please contact

Tony 0428 352 019

Large range of Novels, History, Military, Art, Craft, Cookery and more.

MASSAGE

Tuesday 10th December

Tuesday 14th January 2020

From 10.00am

Late appointment by advanced booking

MASSAGE and NATURAL HEALTH CARE

at the

Buchan Neighbourhood House

including:

Relaxation, Aromatherapy, Sports

Therapies, Remedial Massage Therapy,

Pre and Post Natal and baby Massage.

Available for adults and children of all ages.

\$60 one hour session

For further information and bookings contact the Buchan

Neighbourhood House or Sharon Dent by email at

silvaust@gmail.com or call 0468387524

Justice of the Peace

Arrangements can be made with

Janice Coates

Phone: 5155 9301



Church Services

Catholic Church

St Dymphna's, Woodgates Road, Buchan.

Meets 3rd Saturday of the month at 9am

until further notice. For service details

contact Mary Wheeler 5155 9330

Uniting Church

The Andrew Davidson Memorial Uniting

Church,

Main Street, Buchan. Services are held at St Mary's Anglican

Church, Main Street, Buchan. For service details contact

Leona Lavell 5155 9395

Anglican Church

St Mary's, Main Street, Buchan. Meets 1st Sunday of each month.

For service details contact Rhonda Coates 5155 9373



FREE Dancercise @ the Buchan Hall

on Wednesdays

from 6th—27th November

5.30 to 6.30 pm

This is a FREE event supported by Emergency Management Victoria via funding received through the East Gippsland Shire Council to provide critical and immediate recovery to communities impacted by the 2019 bushfires.

