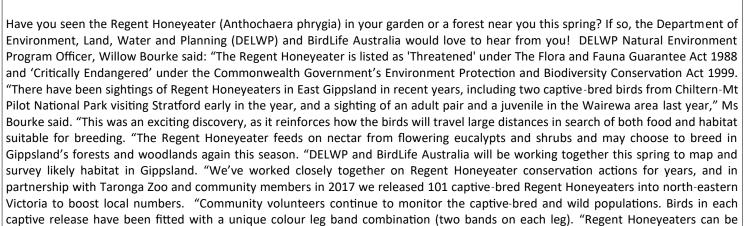
# Buchan Phoenix

Rising from the ashes...

### Communication for the community by the community.

### October 2018 Issue 27

# Have you seen this bird?



recognised by their striking yellow and black plumage, scalloped pattern on the breast, and a pronounced patch of yellowish warty bare skin around the eye. They have a black head and neck feathers, and broad stripes of yellow in the wing and tail." BirdLife Australia has produced an identification guide for the Regent Honeyeater: http:// www.birdlife.org.au/documents/WL-Regent Honeyeateridentification-brochure.pdf Gippsland locals can assist conservation efforts by reporting Regent Honeyeater sightings to BirdLife Australia on 1800 621 056 or to Willow Bourke at DELWP Bairnsdale on 51520400 with details including location, date, time, leg band colour combinations (if present) and photographs (where possible). Or you can find out more information on the BirdLife Australia website: http://www.birdlife.org.au/bird-profile/regent-honeyeater www.delwp.vic.gov.au | Follow us on Twitter: @DELWP Vic Photo depicts a male Regent Honeyeater.



#### What's inside this issue

- Classifieds. Get yours today!
- Leaves of War Part Three
- ♦ Timber Exhibition
- Flower & Arts n Crafts Show
- Photography Competition and Display
- ♦ Gelantipy News
- Thank you from Matt Stephenson
- ♦ Yacon?
- ♦ Remembrance Day
- and more...

The newsletter is delivered to every household in the District and is also available online at buchan.vic.au or via Facebook at Buchan Neighbourhood House. All editions will soon be available electronically at the State Library online site.

If you are not receiving the newsletter please contact us and we will ensure that a copy is mailed to your address.

Newsletters can be posted for an annual fee of \$16.50 incl. GST per 12 editions to anyone outside the district or contact us with your email address and we can send an electronic version for free.

Dates for submissions will be advertised in each edition and we welcome your contributions. Submissions closing date for **November** will be **Monday 5th**We welcome articles and other contributions from the general public, clubs and organisations and submissions can be sent to <a href="mailto:buchanbnh@bigpond.com">buchanbnh@bigpond.com</a> or drop them into the Neighbourhood House.

Advertisements are \$55 for 12 editions.

The Buchan Neighbourhood House do not take responsibility for opinions expressed by contributors to the Buchan Phoenix. The Editors reserve the right to reject articles and advertisements and to edit submissions if necessary. All submissions should carry the author's full name, address and phone number, or anonymously if preferred. Buchan Neighbourhood House is open Monday to Thursday from 9.00am until 4.30pm







The Buchan Phoenix would like to acknowledge the Gunaikurnai People, the Traditional Owners of the land on which we gather, and pay our respects to their Elders both past and present.

# Callemondah Café

Home-Style Food Hot and Cold Drinks Nursery & Giftware Antiques & Collectables Bought and sold (Cash Paid) 0412575232

Open 10 to 3pm most days





www.darrenchester.com.au

1300 131 785

## **Monthly Weekend Shoot**

Every 4th Sunday of the month Black powder in 1st Sunday Open 10am to 4pm

Not a member?? – come and try shooting under supervision

Range Address: Bruthen Buchan Rd, Buchan (18km from the Princes Hwy) For more information, please phone President: Julian- 0417370036 Secretary: Garry - 0427867868



# Member for Gippsland East Servicing Buchan and district community 143 Main Street, Baimsdale, 3875 5152 3491 tim.buli@parliament.vic.gov.au

# Salt Room Therapy.

#### A natural treatment!

- . Salt room sessions can help skin conditions such as psoriasis and eczema and a range of respiratory ailments, including sinus, colds, asthma, allergies and bronchitis. Also aids the immune system and general health and wellbeing.
- Use in conjunction with medications you have been prescribed.
- Salt therapy is 30 mins in duration and cost \$20 per session. . Sit comfortably in the spacious salt chamber while listening to music or
- meditating. One or two people at a time
- · Sometimes called halo therapy, the chamber is designed to provide a relaxing and unusual experience. Bookings essential.

  - PH Sandra on 51 559 416 or 0428559470 for appointment.



Servicing East Gippsland and Surrounds Liquid Waste Needs Specialising in liquid waste disposal. Septic tank cleaning - triple interceptors waste water removal - grease traps.

ph. 0439 400 480

### Justice of Peace

Arrangements can be made with Janice

Coates

Phone 51 559 301





For information contact Peter Washington 0418 337 955





#### THANK YOU

It was great to meet everyone who came to a community meeting to share concerns and ideas with me at Buchan.

Thank you for lunch and especially to Sandra Livingstone for being central organizer.

Because I am standing as an Independent in the State elections I believe I could be a voice not restricted by party directions.

I'm a hands-on sort of person so I believe it's essential to stay in close contact with grassroots community. I am committed to East Gippsland through generations of family and with kids of my own. The Independent MP in Shepparton has shown how governments pour funding into such electorates to win back the voters!

At our meeting at Buchan the issue of the drought obviously stood out but there were deeper concerns raised – particularly the burden of the farm rate system which rates properties not on services received or income ability but on potential sale price. As a result, small farms are struggling and rural communities have declined. (See the GEM Newspaper this month for write up)

Meeting with people around the electorate I hear similar concerns: the inadequacy of ambulance response; the need for more proactive programs for young people; the concern with the drug Ice; the need for greater decentalisation of specialist health services.

And specific to Buchan - the need for revitalization of camping at the Caves Reserve to encourage longer visits by tourists to flow on to the town's economy.

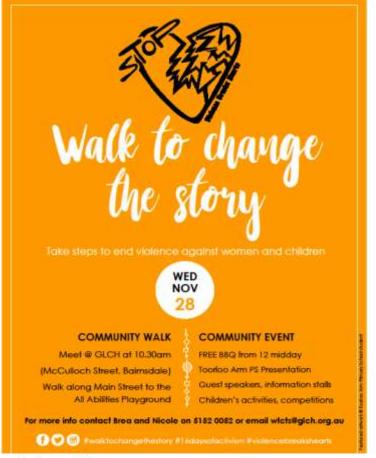
Then there's the problem of deer numbers – even right in town munching Denise and Jack's garden. I have since been in contact with Lynn Coulston who is secretary of the Victorian Blackberry Task Force and we are planning a Deer and Weed Forum to be held in East Gippsland – with media interest let's hope we can get some sensible outcomes.

I appreciated meeting you all and intend a follow up visit soon. If you would like to contact me, my email is matts.eastgippsland@gmail.com

Let's work together for a better future for East Gippsland. Matt Stephenson



Nationwide one woman is murdered in Australia every week by her current or former partner. East Gippsland sits at number 13 out of the 79 Local Government Areas in Victoria for reported Family Violence incidents. Over half of these incidences are reported as having children present during the violence.



Proudly supported by:



















The 16 Days of Activism campaign commences on the International Day for the Elimination of Violence against Women 25th November 2018 and concludes on International Human Rights Day 10th December

The 16 day initiative seeks to turn our attention to the devastating impact that family violence has on the lives of so

It brings together families, businesses, students, comm groups and organisations in communities across the world for

one common purpose: to unite to end violence against women and girls and to educate the community about the key role that gender inequality plays in causing family violence and all forms of violence against wome

In East Gippsland a group of local health and community services are organising the "Walk to Change the Story" to be held on Wednesday 28th November 2018. Our goal is to raise awareness about the violence that is experienced by women in our community, as well as raising awareness about the support services available to victim survivors and ways that our community can prevent violence against women and girls. We will place a focus on the link between gender equality and preventing violence against women. We also think it's very important to place a focus on giving children in our community a voice about how violence affects them.

The event will include:

- . A community walk along Main St in Bairnsdale to the All Abilities Playground
- A BBQ and children's activities
- A smoking ceremony
- Presentation of music video by Toorloo Arm Primary School children
- A drum best circle
- Information stalls by local organisations and emergency services
- Temporary Tattoo Competition

We hope to involve all educational institutions, community groups, organisations, businesses and members of the public in the walk and following activities on the day. We ould also like to hear back about any initiatives or events that others have planned for the 16 Days of Activism, large or small, with the aim of creating a calendar of events and programs in East Gippsland for the community.

For more information please contact Brea Nichols or Nicole Lewis at GLCH on 5152 0052. or email brean@clch.org.au and nicolel@clch.org.au







Snowy River Sprint Rally Cars on show at lunch time in the Main Street on Saturday 22nd September





#### MASSAGE

Tuesday 13th November From 10 am.

# Late appointment by advanced Booking

MASSAGE and NATURAL HEALTH CARE at the

Buchan Neighbourhood House including:

Relaxation, Aromatherapy, Sports
Therapies, Remedial Massage Therapy,
Pre and Post Natal and baby Massage.
Available for adults and children of all ages.

#### \$60 one hour session

For further information and bookings contact the Buchan Neighbourhood House or Sharon Dent by email at silvaaust@gmail.com or call 0468387524

East Gippsland Water Standpipe Tokens are now available at the Buchan Neighbourhood House

1 token provides 1,000 litres of water

\$4.10 per token

(Please note that the tokens have gone up by 10 cents)

The stand pipe is located outside the netball courts near the Chestnut Tree

#### **East Gippsland Shire Outreach Services**

Library Books can be reserved, collected or returned at the Neighbourhood House. Mobile Library Bus days are held

fortnightly on a Tuesday.

Future visits

23rd Oct

6th Nov No service PH

Library schedules,
Council minutes or planning
permits are also available upon
request at the

**Neighbourhood House** 



The July 2018 Wildlife Shelter List for Gippsland is available at our community website *buchan.vic.au*. Just type in wildlife in the search bar. The list is also posted on the notice boards at the Neighbourhood House

For 24 hour service:

 Wildlife Victoria
 1300 094 535

 BADGER
 1300 223 427

 RACV Roadside Assist: 131111

Whale and Dolphin Emergency Hotline

1300 136 017

DELWP Wildlife Unit Gippsland 51722564

# Proposed new WW1 Roll of Honour for Gelantipy New Updates...

A WW1 Roll of Honour for Gelantipy used to exist, but was lost or disposed of. If anyone has any knowledge of its whereabouts or the names that appeared on in, please contact Evelyn Schmidt at the Neighbourhood House, Zillah Norfork at 0429597148 or Judi Sykes at Karoonda Park 51 550220.

Likely names for inclusion if a new Roll of Honours for Gelantipy is commissioned: -

ROGERS Keith. Returned

HUME Reg. Supreme Sacrifice

HUME Colin. Returned ROGERS George Edwin. Returned HODGE Henry. Returned HODGE Edwin. Returned

McRAE Chris. Supreme Sacrifice

McRAE Ewen. Returned

McRAE John. Supreme Sacrifice

FRAZER Alexander. Returned RICKETSON Staniforth. Returned REIDY Laurence. Returned

HARDY Daniel Supreme Sacrifice

**GAMMON Thomas Francis Returned** 

CONNOR Herbert Supreme Sacrifice CONNOR Charles Supreme Sacrifice

MOON Francis Returned

MOON Albert Returned (New Update)
MOON Robert Returned (New Update)

GILLIES Donald McRae Returned

WOODHOUSE John
WOODHOUSE Charles
SLOCOMBE Bernard
SLOCOMBE Harold
SLOCOMBE William
Returned (New Update)
Supreme Sacrifice
Returned (New Update)
Returned (New Update)

It should be noted that this is intended to honour these men. If you know of any more names or object to the inclusion of any, please contact one of the numbers given.



We wish to congratulate the communities of Bruthen, Sale and Stratford on their successful funding applications through the

Department of Health and Human Services to establish new

Neighbourhood Houses in their commu-



nities.



Also to the Buchan Recreation and Hall Committee who have received funding from the East Gippsland Shire Community Grants project to purchase new tables for

the recreation pavilion.

And finally, Buchan Neighbourhood House together with the Buchan Primary School, who have received \$2000 from VicForests to purchase and install wicking beds at the community garden.



# 1080 Baiting

## Important reminders

Comply with the **Directions for Use of 1080 and PAPP Pest**Animal Baits Products in Victoria.

Place signs at all entrances to baiting area.

Notify neighbours in writing 72 hours before baits are laid.

Lay all baits within correct time frame

Perishable baits (Doginator) – within **3 days** of manufacture Shelf Stable baits (Doggone, DeK9) within **1 month** of purchase

Keep a record of all baiting details

Remove and destroy/dispose of baits

Perishable baits – within **17 days** of manufacture Shelf Stable within **2 months** of purchase.

For more info contact Community Wild Dog Control Coordinator - Brian Dowley, ph. 0408 436 600

Do not keep baits beyond the above times

## Bookings for the Buchan Recreation Reserve and Hall

All bookings for these facilities can now be made by contacting Evelyn Schmidt on 0427586038 or by emailing buchanhallandrec@gmail.com

In emergencies keys to both the Hall and Recreation
Pavilion are available at the SES/CFA shed in the Main Street.
Keys to this building are available by contacting
Peter White - Buchan CFA or Ray Moreland - Buchan Police.

Please note that camping is only permitted at the recreation reserve for special events or groups

#### **Regular Bush Music Session**

"Stringybark and Greenhide it will never fail yer, Stringybark and Greenhide the main stay of Australia

Where: Wairewa Hall

When: 3<sup>rd</sup> Saturday of the month

Time: 2 to 5 pm

Join us for a play along of traditional and contemporary Australian Bush music. Bring your instrument, voice and a bush poem. (optional) Music and words provided

For further information contact Brian Blakeman 51 557 383

Email: <a href="mailto:lemonhill@activ8.net.au">lemonhill@activ8.net.au</a>

Cost \$3.00 a head to cover hall hire



#### WW1 Letters of Keith Churchill Rogers

So far into the story of Keith Rogers wartime experiences we have looked at the letters and feelings of the new enlistees and an article on "What to take" if your off to the front. We found out that Seymour was considered the worst training camp in Australia by local Reg Hume in a letter to Keith. In this edition **Part Three** Keith writes a letter to Dartie and his mother about Military Camp in Castlemaine in 1916.

I have just thought you will be leaving home not long after you get this. Please give address as soon as possible.

Military Camp Church Tent Castlemaine May 2nd 1916

#### Dear Dartie,

I am sure you will be all surprised at not receiving a letter from me tomorrow. I think I have written home twice a week ever since I left home, but at the end of last week I forgot until too late to catch the Gippsland mail. It cannot take less than three days for my letters to reach you, & I fancy they generally take much longer for some reason. Those from you do at any rate. For instance, I don't get your letters written on a Wednesday till the following Wednesday. I am looking forward to a Mountain letter tomorrow.

Unlike all my camp mates I was in camp for a week & a day I believe – till any letters arrived for me. Then such a surprise – three at once! One was from Mother & you can imagine how welcome it was! I was interested in reading her congratulations on our good fortune in being at Royal Park. I write a lot of letters so they are beginning to come to me in return. In one Aunt Vinie wishes you to go to Doneraile on your way down country. My mistake. I mean Mother – so used to writing to her!

Today has been a day of distinction for us. First & foremost, of course, it was pay day £2-15-0 for us. Then we had fried chops & potatoes for tea! This is the first time such an event has taken place. It would occur oftener only that it is hard for each man to get his fair share with such things as chops. Our O.C. when he read out the orders etc. from headquarters, after physical jerks, gave out our official allotment to the Third Reinforcements of the 46th Battalion. This is the first intimation we have received of any kind of our future work. Yesterday was a very busy day, especially for officers & N.C.O's. the new rolls had at last been finally fixed up & we were allotted to our company.

I think I told you that a large number left for Broadmeadows last week, so everything has been reorganised. We & our mates are now all in B. Company & No. 1 Platoon, No 2 Section (in it). Still address letters the same please, as they are easier to obtain than when addressed to the company. Yesterday all N.C.O. volunteers were called out, & our warrant officer drilled examined us in military command. We each in turn had to go out & put the squad through some drill – anything we liked. Those who did sufficiently well were chosen for an educational exam to be held last night. I didn't make a mess of it, but was not chosen. Colin didn't get on too well so we are both out of it, for the present at any rate. He is not so anxious about going up for N.C.O. school now he sees the enormous amount of work & patience required for it. One needs not only to be willing to work hard, but to have a certain amount of ability to command.

Two of our hut mates were chosen & are going on with others with further work under M<sup>p</sup>Dean (warrant officer). Referring to today's procedure I forgot to mention that we started on musketry, having become fairly conversant with squad drill (drill without arms). We went through all the rifle drill today. Our work will become more & more interesting, & we also find the work less tiring as time goes on.

On Sunday Church Parade was held & we all were marched to our respective churches in Castlemaine. The soldiers were not expected at the Ch. Of Eng. & the building was packed when we all got seats. We had a fair preacher. On Sat. & Sunday the camp is open from one o'clock till 10 p.m. On Sunday night Colin & I went to the Presbyterian Church to hear Mr Haganaeur. Perhaps I told you he is a brother of the doctor at Sale & is one of the finest men I ever met or heard preach. He is the Presbyterian chaplain for this camp & has the rank of captain. There could be no better man on earth I should say for soldiers. I was glad to see a large number at his church in the evening, for certainly their time could not have been better spent. His sermon & prayers were perhaps the best I ever heard & were specially intended for soldiers, for whom he labours heart & soul. He invites all soldiers present to have a chat with him at the manse after the service. They are given cigars etc. He gave a very brief address to us in this tent last Thursday & I think does so regularly.

Those few minutes are worth an hour of most men's preaching thought. It is a great relief to hear something entirely opposite to the usual camp talk, of which one gets sick & tired.

We have some very decent boys in our tent, but the talk of almost every individual in every tent is disgusting. We are very fortunate in our mates though. All are perfectly honest, I feel certain. I have the best of it, as I have been through all this experience at a boarding school. I like most of our officers & N.C.O's. Our O.C. i.e. officer commanding our company, appears to be a fine young fellow. He is Sec. Lieut. Briant.

The head instructors at a camp are Staff Sergeant Majors & one is nearly always under them. Ours is Sergt. Major Cousins & is very good. A warrant officer is over these & is the highest N.C.O.

Last Sunday we had a family of eight or ten, consisting of three grown ups & the rest young children to see us, & we invited them to have tea with us, which they did. They said they would bring us some good things some day this week.

I tell you bits of camp news as I think of them so please excuse composition. I think I told you that I have fared well for presents. The Henrys treat me about as a son, & Aunt Vinie gave me two extra good pairs of sox (sic), & Lira & Stella a knife, fork, & spoon combined. Mr Greaves feels the absence of his sons very keenly & of course treated me likewise. I write with the fountain pen Mr Hume gave me. It is a convenience! I don't know if I told you all this before, also, that she & Mr Marley came out to see us early last week. They sent a box of butter from Humehurst – a great boon I tell you. Well it is long after 'lights out' so goodnight. With much love to all Your affect nephew K.C. Rogers.

Please tell Father I got his letter written from Armidale & will write to him next as he will be home possibly. I hope he gets a good trip.

May 8th 1916

#### Dear Mother,

I am just dropping you a line this week to the Victoria in hopes of it catching you there Tuesday or Wednesday. I don't remember if I told you that Colin & myself intended to apply for weekend leave last week. At any rate we & many others applied, & contrary to the general rule of only a certain percentage of applications being granted, we all got off from Sat. midday till Monday at eleven o'clock. I <u>did</u> wish you had already come to the city! The trouble is I may not be granted leave again this week – though I will have double reasons for wanting it. Reg will probably be in town next Sat. & I should like to see him of course. I might write later if I know anything more as to my moves for week end. If I cannot get away on Sat. next, I won't get away till the following Sat. so it seems to me just possible that you might want to come up & see me if you had any spare time, & cash. This is just a precaution for visitors. Don't come on a Sunday because it's the best time to do so! (& you cannot get unless you care to fly), Sat. afternoon is also open camp, but I don't ever know if I am granted leave till that morning or previous night. We are able to see visitors other days between 12.15 & 1.30, & between 5.15 & 10 o'clock.

There will always be a chance from now on, I imagine, for us to be spending a day out at a distant rifle range remember. Anyway tomorrow we are leaving for there at seven a.m. & will spend the day I believe. Today we had our second go at the 100 yds. group firing. Out of possible twenty five pts. I scored 15 last time & 20 today – 15 = a pass.

I only wish I could meet you all at the Victoria when you arrive. What an event for Melbourne! & what an honour! Please write after arrival as soon as convenient. I got a great shock today. I have this day received in all six or seven letters! Two – one from Clyde, & one from you (dated April 18th) telling me about of Dear?? Miss Allen & sweet Annie Henry, were inclosed (sic) with a note from Uncle Charles saying they were lying at Colin's House; but as he didn't know my address he decided at last to send them addressed "Castlemaine Camp". This and one from Ethel addressed likewise have found me after two or three days hunt. I know now why letters were so irregular in coming at first.

I have had influenza fairly badly but it is getting better I think. I have really had the same cold ever since before coming into camp. Must be up early, so goodnight all Mountaineers. I left the C Palace at 5.40 this morning to catch the 6.25 Bendigo Express. Too early to catch from Cheltenham.

# Buchan and Gelantipy Racing Club AGM

to be held on **Tuesday 23rd October** 2018 at the Buchan Caves Hotel starting at **6pm**.

All welcome





# How to do a speed test to know how fast your internet is working.

It's never been faster or easier to take a Speed test and we recommend using the program Ookla the most popular online speed test.

On your computer or lap, go to <a href="http://www.speedtest.net/">http://www.speedtest.net/</a> and just press go. The speed at the Neighbourhood House on Thursday 11th October at 11.25 am was Ping 28, Download 35.27 and the upload speed was 10.61 using NbN Fixed Wireless internet.





That's pretty good internet speed.

If your using a mobile or tablet download the free app on Google Play or the Apple App Store to check your internet speeds at the touch of a button.

What is Ping?

This tests the latency of your internet connection. Anything below a ping of **20ms** is considered to be great, while anything over **150ms** could result in noticeable lag.

Contributor: Evelyn Schmidt Buchan Neighbourhood House

#### **Buchan Flower & Arts n Crafts Show 2018**

Melbourne Cup Weekend
Saturday 3rd November
12 noon to 5pm
Sunday 4th November
10am to 4pm
Buchan Hall
Admission Flower Show \$3
All Students \$1
Cake Stall on Saturday
Tea, Coffee and Scones Available
Raffle Drawn Sunday at 3pm
Photography Competition and Display
Uniting Church
10am to 4pm
Admission Photography \$2

Programs are now available at the Buchan General Store,
Roadhouse and Neighbourhood House
50 cents each

Please note that we have made some changes to the craft section of the program. All knitting and crochet now comes under two sections as ANY ARTICLE Crochet or ANY ARTICLE Knitting. There are no longer any sub sections.

Produce Flowers and potted plants will be accepted on Friday night between 5—6 pm or on Saturday morning between 7.30am and 9am

All handiwork and craft and art are to be in Thursday 1st
November from 2pm

Photography Entries will be taken at the Uniting Church on Thursday 1st November between 10am and 5pm.

Postal entries will need to be received by Wednesday 31st October. NO LATER



### September School Holidays Kids Craft Day at the Neighbourhood House

Parents and kids had a great day painting, gluing, weaving, cutting and drawing. Some great items were made in preparation for the Buchan Flower and Arts n Crafts Show.











#### **BUCHAN VALLEY GOLF NEWS**

Ladies

6/9/18	5/9/18 4BBB Stableford				
Winners	S. Wa	ack H. Hume	41Points		
Runners Up	nners Up J. Sandy J. Whillance				
13/9/18 Par	13/9/18 Pars V Birdies				
Winning Team Pa		Pars Av	34 Points		
Runner Up			30.6 Points		
Lady Winne	r	H. Hume	43 Points		
Men Winne	r	D. Pedley	39 Points		
20/9/18 Stroke 6th Medal					
Winner	Gaye	Sandy	68 Nett		
Runner Up	Phyl S	Sutton	69 Nett		
27/9/18 4BBB Stableford					
		ton J. Sandy	•		
1		illance P. Sutton	45 pts		
30/8/18 Stroke 5th Medal					
Winner	•	•	Nett 71		
Runner Up	Phyl S	Sutton	Nett 82		
Men's					
2/0/19	Ctrok	2			
2/9/18 Winner			66 Nett		
1	Runner Up D. Phelan 67 Nett				
Club Champion Dean Phelan Gross Score 245 Nett Champion Alan Waack 213 Nett					
Hiver Champ	1011	AIdII WAdCK	ZI3 Nell		

9/9/18 Stableford Winner D. Phelan

29 Points A. McArthur 37 Points Runners Up

16/9/18 Stableford

Winner A. Waack 64 Nett Runner Up P. Schmetzer 69 Nett 30/9/18 President V Captain Monthly Medal P. Whillance Winner 67 Nett P. Schmetzer 68 Nett Runner Up

Captains team won

#### Men's Vets

5/9/18	Winner	T. Sandy
	Runner Up	J. Hills
12/9/18	Winner	J. Hills
	Runner Up	J. Croft
19/9/18	Winner	J. Croft
	Runner Up	R. Murphy
26/9/18	Winner	A. Waack
	Runner Up	D. Sandy

**Contributor: Marnie Cummings** 



# Tools to put your small business online





#### Be part of the digital market place and put it all together

Join us for a hands on experience and train for the future in the online world.

Become literate for digital market place.

Manage your website and digital footprint.

Confidently present an idea/strategy in putting a business online.

Get a start on your Google Garage certificate.

#### Get on board now... and take control...

Where: The Hub, 27 Dalmahoy St, Bairnsdale When: Monday & Thursdays 5:30pm to 8:00pm Duration: Six weeks

Dates: 29th October through to 6th December 2018

Contact Evelyn Schmidt 03 5155 9216 or 0427586038 or Josie Rose: 0409 198123 Email: buchanbnh@bigpond.com

Book on line: https://www.trybooking.com/YQEQ Cost: \$100.00 Concession: \$50.00







### REMEMBRANCE DAY PROGRAM

Sunday 11<sup>th</sup> November 2018

Commemorating the Centenary of Armistice
This years' service will be supported by the
13<sup>th</sup> Gippsland Light Horse

 Gather at the Avenue of Honour. Flag at half-mast. Welcome

media

10.20 Guest Speaker

10.30 Prayer

Jobs

10.35 Guest Speaker

10.45 Buchan Primary School

10.50 Placing of Wreaths

10.55 'The Ode'

The last Post

One Minute Silence

Reveille. Flag raised to masthead by a School Leader NATIONAL ANTHEM

MORNING TEA (Contributions are very welcome.)



### Heritage Network East Gippsland



Heritage Network East Gippsland needs help with a forthcoming exhibition on the history of the timber industry and how the use of timber contributed to the development of East Gippsland.

Timber is central to the East Gippsland story, from the indigenous use of forest products for shelter, canoes, weapons and utensils to the building of houses,

fences, wharves, boats and bridges.

Anyone who has interesting historical items, such as tools, photos or documents that illustrate the use of timber in East Gippsland, is requested to contact the Network or talk to their local historical society or family history group.

Any items loaned will be looked after carefully, kept secure and returned after the exhibition.

Contact them at 0423 190 242 or http://www.heritageeastgippsland.com.au/contact-us or ring Rhonda Coates on 51 559 373

#### The Yacon

There has been some success by local growers of the Yacon. But what is a Yacon? According to Wiki it's a perennial tuber from South America which looks like a potato, grows like a Jerusalem artichoke, and tastes a bit like a pear.

This article in which was published in The Guardian (<a href="https://www.theguardian.com">https://www.theguardian.com</a>) by Mark Diacono tells us all about this tuber.

Fresh out of the ground Yacon is very much like a baking potato to look at. However, its flavour is a little strange for what you might expect from an underground tuber — it's like a sweet cross between early apples, watermelon



and very mild celery, with a touch of pear. Mildly flavoured raw when first dug, it's the texture as much as the taste which sets Yacon apart. The tubers have that fine texture of water chestnuts.

Yacon is also refreshingly juicy. "Yacon" means "water root" in the Inca language and its tubers were historically highly valued as a wild source of thirst-quenching refreshment for travellers. The liquid can also be drawn off and concentrated to produce Yacon syrup. As with Jerusalem artichokes, Yacon tubers are rich in an indigestible sugar – inulin – meaning that the syrup they form has all the sweetness of honey or other plant-derived sweeteners like maple syrup, but without the calories.

Yacon also benefits the bacteria in the intestinal tract and colon that boost the immune system and aid digestion. This potential as a dietary aid and as a source of sweetness for diabetics has led to Yacon being grown more widely, especially in the USA.

#### **Growing a Yacon**

Yacon is a perennial plant, so once you have planted it, so long as you look after it, you will have it forever. Yacon is pleasingly easy to grow in most soils where there is reasonable rainfall and moderate heat. The plants do require a long season to grow – forming their tubers in autumn – but anywhere that parsnips and Jerusalem artichokes thrive will suit Yacon perfectly well.

You can either buy plants or you can divide the crown including the smaller roots that grow above the main tubers. Yacon can be slow to get growing in spring but quickly puts on lush, leafy growth through the summer to a height of 2m, occasionally a little more once established. It flowers some years towards autumn, but it's what's happening under the surface that's of most interest.

Nose below the surface in late autumn and you'll see that Yacon produces two sets of roots – the large edible tubers that act as the energy storage facility for the plant, and the smaller propagation roots (resembling Jerusalem artichokes) which grow just under the soil surface and are the seeds for the following year's growth.

When you lift your Yacon plants to harvest the tubers, cut the stems back to about 10cm long and store the crowns covered in damp compost in a cool frost-free place where they won't dry out.

In early spring plant the crowns into large pots and wait for shoots to start growing from each small tuber. Split the crowns into individual shoots with their tubers attached and plant into smaller pots.

Yacon plants are quite sensitive to temperature, so plant them out when you would tomatoes, a metre or slightly more from their neighbour, in a sheltered, sunny spot. Any compost you add to the planting hole and watering through dry periods will ensure good growth throughout the season.

Yacon is very rarely troubled by pests or diseases, but they are hungry plants so either add compost and/or rotted manure between growing seasons or move their growing site altogether.

#### **Harvesting**

Yacon tubers develop into autumn, and as the frosts approach it's worth putting a little straw around the plant to protect the tubers.

The leafy growth is withered by the cold – as soon as this happens, use a long fork to gently lift the tubers. It helps to have another person pulling on the stems of the plant at the same time to get the whole plant up.

Snap the large tubers from the crowns. They're crunchy, tasty and refreshing immediately, but a few days in the sun can add to their sweetness.

Yields can be variable – in the first year I had around six tubers the size of very large baking potatoes per plant, in the second year considerably more.

A cool, dry shed or garage is perfect for storing Yacon tubers until you're ready to eat them. They may well sweeten a little over time, and (if you're lucky) they can last many months in storage.

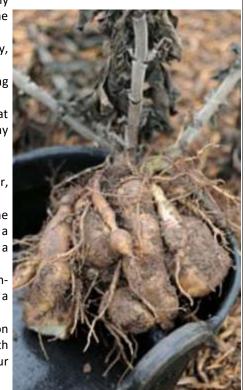
### <u>Eating</u>

Yacon has a crunchy texture, slightly reminiscent of water chestnuts, and a sweet flavour, so it's rather good simply peeled, sliced and eaten as a snack.

It's great in salads too, though its tendency to brown means that you should add it at the last minute, once everything else is assembled and ready to be dressed, or sprinkle with a little lemon juice to prevent it discolouring as it's peeled (and do peel it, the skin can be a little bitter).

Yacon also has a delightful tendency to absorb sauces and dressings, which make it a fantastic vehicle for other flavours. Try it grated with carrots in a mustardy vinaigrette with a handful of sunflower and pumpkin seeds.

You could also use Yacon instead of apples in a Waldorf salad. Just peel and dice the Yacon and toss it in lemon juice to stop it from going brown, then combine it in a bowl with chopped celery, some raisins and walnuts. Dress with mayonnaise thinned with a little sour cream and serve immediately on crisp lettuce leaves.



#### What happened to the VicEmergency warnings during the September 2017 Timbarra fires?

The Buchan Neighbourhood House has requested from the East Gippsland Emergency Management Team information about the lack of emergency warnings issued to the community during the Timbarra Fires in 2017.

The first warning was issued on the emergency site at about 4pm Saturday but said it was at Gillingall and about 4 fire vehicles attending. After that there was nothing issued giving details about this fire for our community and people could see it coming over the hill above Sunny Point. Rhonda Coates had stayed up until after midnight looking for reports. There were none.

According to a report from Suzanne Davies to the Buchan Neighbourhood House CoM last October, "The first information and warning the Buchan Neighbourhood House received was Sunday afternoon, it was only then we could activate the phone trees communications lines, as we had to wait for the correct info from EMV."

Communications were more difficult for this fire for our community and we believe that this was due to the CFA being in charge as the fire started on private land and we don't have the same partnerships and relationships for communication with this organisation as we do with DELWP. We are still trying to rectify this situation and we have not had a CFA lead fire for some time.

We understand that the time of year that the fire occurred affected the response, but the delay in the warning system of nearly 24 hours created concerns and for the community of Buchan.



We received the following official response from Brad Fisher, District Manager – Tambo DELWP.

"The circumstances around initial notifications for Timbarra and multiple other starts, following escapes from private property burns were very challenging for fire agencies on that day. An early and unexpected severe day in Spring, limited agency staff available, no rosters in place, the grand final weekend and numerous starts across a number of districts made the afternoon very difficult.

With multiple starts our understanding from talking to people some days after the fire was that a number of people had called triple zero but struggled to get the operator to understand where the fires were.

This likely led to an early fire report at Nunnett - This fire was entered as a fire report about 1630, as it turned out this was the Timbarra Fire

On that day there was confusion as to the location and number of fires, it was complicated by the fact that neither fire tower or recce aircraft contracts had commenced. The delay in issuing warnings would have stemmed from the confusion of not knowing exactly what was out there.

This season has already seen a number of escapes from private property burns. Agencies have been working together to focus on early season preparedness, including the early activation of rosters and fire restrictions, along with an earlier than normal start for a number of Project (Summer) Fire Fighters, fire lookout and aircraft availability. "

The Buchan Neighbourhood House has also taken in to account the dry season so far and have updated our phone trees with a few new residents still to be identified and contacted. If you are a new to the district, please contact the Buchan Neighbourhood House and we will add your details to the phone trees. We can also provide you with a new residents pack and Local Incident Management Plan booklets.

Contributor: Evelyn Schmidt

#### SENIORS WEEK

Fri 19/10 10.30am – 12.45pm also 2.00 - 4.15pm PAYNESVILLE SERVICE CENTRE.

FREE MOVIE SCREENING - THE GUERNSEY LITERARY & POTATO PEEL PIE SOCIETY - FREE.

Tue 23/10

**BAIRNSDALE** Tech Savvy Seniors-FREE

Android Tablets: 10.00 to 12.30pm. iPad Tablets 1.30 – 4.00pm. Places are limited and bookings are essential. Phone: 51 52 4225

Fri 19/10 B/Dale Lib. Thu 25/10 Orbost S/C

**BOOKMARK MAKING AT YOUR LIBRARY** 

Come in and make your own free bookmarks at the craft table. Free Event Orbost Time: 8.30am – 5.00pm Bairnsdale Time: 9.30am – 6.00pm

ALL 2.30 - 3.30PM Wed 17/10 B/dale Lib. Thu 18/10 Orbost S/C Fri 19/10 L/E S/C Thu 25/10 B/dale Lib. REMINISCING AFTERNOON TEAS.

Come along for an afternoon tea of scones and biscuits and revisit memories of the good old days. Free Event.