

Buchan Phoenix

Rising from the ashes...

A communication for the community by the community.

March 2017 Issue 9



Thanks to all those who helped out at the mountain cattlemen's, raising funds for their community groups and making it such a successful Buchan event. The plague in the photo was part of the bar and donated to the community. Let's hope the event will be held here again in the future.

What's inside this issue

- Classifieds. Get yours today!
- Flower Show Gardening info
- Colorado Children's Chorale
- Shire News and Events
- Mobile Library Dates
- ♦ Community Group News
- Church Services
- How to Book the Hall and Rec Pavilion
- Caving History
- Recipe— Irish Apple Cake
- ♦ Anzac Day
- Celebrate Cultural Diversity
- ♦ Soft Plastic Recycling
- Buchan Big Bucks
- Firewood collection maps

The newsletter will be delivered to every household in the District and is also available online at buchan.vic.au.

If you are not receiving the newsletter please contact us and we will ensure that a copy is mailed to your address.

Newsletters can be posted for an annual fee of \$16.50 incl GST per 12 editions to anyone outside the district.

Dates for submissions will be advertised in each edition and we welcome your contributions.

Submissions closing date for April will be Monday 3rd

Submissions can be sent to <u>buchanbnh@bigpond.com</u> or drop them into the Neighbourhood House.

The Buchan Phoenix Sub Committee and the Buchan Neighbourhood House do not take responsibility for opinions expressed by contributors to the Buchan Phoenix. The Editors reserve the right to reject articles and advertisements and to edit submissions if necessary. All submissions must carry the author's full name, address and phone number. They may be published anonymously if preferred.







The Buchan Phoenix would like to acknowledge the Gunaikurnai People, the Traditional Owners of the land on which we gather, and pay our respects to their Elders both past and present.

DEVONSHIRE TEA

PRESENT THIS VOUCHER AND RECEIVE
YOUR DEVONSHIRE TEA 1/2 PRICE
GET IN QUICK-OFFER ONLY VALID FOR MARCH

Callemondah Cafe

HOMEMADE FOOD AND BY® LICENSED

51 MAIN ROAD, BUCHAN VIC 3885 | M: 0419 778 297 4

Callemendah House B&B LEXTEN LEXTEN STYLE BAR ACCOMMODATION 2 goest rooms. 1 with a spa Package deals lectude meals Self contained family/group cottage amo available in the centre of town Your hosts Steve and Jo S3 MAIN TOAD. SUCHAN FRONT ON 17 575 237 www.buchanhobscommodation.com

Monthly Weekend Shoot

Buchan 500m Rifle Range

Permitted: up to .50 calibre

& muzzle brakes

Newly improved facilities

Monthly midweek Shoot

Every 3rd Wednesday of the month

Open 10am to 4pm

-Every 4th Sunday of the month
-Open 10am to 4pm
Not a member?? – come and try shooting under
supervision

Range Address: Bruthen Buchan Rd, Buchan (18km from the Princes Hwy) For more information, please phone President: Tim - 0418543962

Secretary: Garry - 0427867868

Salt Room Therapy.

A natural treatment!

- Salt room sessions can help skin conditions such as psoriasis and eczema and a range of respiratory ailments, including sinus, colds, asthma, allergies and bronchitis. Also aids the immune system and general health and wellbeing.
- Use in conjunction with medications you have been prescribed.
- Salt therapy is 30 mins in duration and cost \$20 per session.

 Sit comfortably in the specieus salt chamber while listening to music.
- Sit comfortably in the spacious salt chamber while listening to music or meditating. One or two people at a time.
- Sometimes called halo therapy, the chamber is designed to provide a relaxing and unusual experience.
 - Bookings essential.
 PH Sandra on 51 559 416 or 0428559470 for appointment.

MASSAGE

Tuesday 21st March

REMEDIAL MASSAGE THERAPIST Sharon Dent will be offering a range of massage services from the Buchan Neighbourhood House including Relaxation, Aromatherapy, Sports Therapies, Remedial Massage Therapy, Pre and Post Natal and baby Massage. Available for adults and children of all ages

\$60 one hour session

For further information and bookings Contact the Buchan Neighbourhood House or Sharon Dent on silvaaust@gmail.com or 0468387524







E: buchan_farmhouseaccommodation@activ8.net.au



Servicing East Gippsland and Surrounds Liquid Waste Needs
Specialising in liquid waste disposal.
Septic tank cleaning - triple interceptors
waste water removal - grease traps.
ph. 0439 400 480



ph. and fax. 51559 216 buchanbnh@bigpond.com.au Join us on Facebook buchan.vic.au

Open Monday to Thursday 9am to 4.30 pm

Classes and Courses

East Gippsland Community and Education Hub, Cnr Dalmahoy and Service Streets Bairnsdale

Advanced Computer Skills

Includes designing and creating forms, templates, tracking documents, merging files and using PDF.

7 sessions

Tuesday 2nd May

5.30 to 7.30 pm

Bookkeeping for Business

Ideal for small businesses, Committees of Management or personal budgeting and includes digital program options, excel and financial principles.

7 sessions

Tuesday 2nd May

1.00 to 3.00 pm

Teacher Skills Training

This course will introduce the concepts of learning theories and learning styles and addresses the principles of adult learning. It explores the skills of a teacher including the use of technology in teaching. It provides the opportunity to deliver a teaching session in a supportive environment. Ideal for young people that maybe

Tech Savvy as a job prospect. 7 sessions Friday 28th April 9.30 am to 12.00 pm





Firewood collection maps are available at the Buchan Neighbourhood House. Please come in and see us if you require a map.

The Buchan Craft Group Meets every Wednesday from 10am to 4pm. A great space to put together your quilts and share ideas. All Welcome. \$3 per session.

Buchan Flower Show Gardening info for April

There is still a whole heap of things you can pop in the patch at this time of year. Tasty herbs that are ready to roll include coriander and you could give mint and lemon balm a go as well, but be careful to contain it, otherwise it can take over!

Try these tasty wonders this month: Chinese cabbage, most Asian Greens, spinach, rocket, broccoli, spring onions, asparagus, celery, endive, squash, onions, silverbeet, leeks and lettuce. Remember to plant some carrots during April!

Add some colour and movement to the patch, and pop in some of these little pretties- dianthus, cornflower, pansy, viola, Echinacea, stock, verbena and lupins. Having these around your veggies will give some interest to the patch, and act as beneficial insect attractors!

Top up mulch on your veggie patches, herb gardens and ornamental beds, especially important for weed suppression at this time of year. A hot tip is to mulch after watering the patch, to a depth of about 7cm. Keep mulch clear of plant stems... especially young seedlings. Green manure crops, including oats, wheat, faba beans and field peas are good to go now... improve that dormant veggie patch, and get ready for

Plants feel the need for a feed at this time of year. A seaweed tea, or any low environmental impact liquid fertiliser, is perfect for the seedlings you've just popped in. Apply to the soil early in the morning, and in the concentrations mentioned on the packet.

Weeding is an awesome job to do at this time of year. Cut down the competition between your tasty treats and these space invaders, and tidy up your patch. It may sound tedious, but it's incredibly rewarding!

Water smarter at this time of year. Water first thing in the morning, and instead of quickie irrigation, a nice, deep drink a couple of times a week is far more beneficial! Always check soil moisture before watering at this time of year... don't waste your precious drinking water if Mother Nature has already done all the hard work for you!

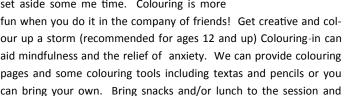
next seasons heavy feeding plants!



Adult Colouring In...Meet Up First Sunday of each month. Next session 2nd April 2017

10am to 1pm at the Neighbourhood House Come along to the Neighbourhood House and

set aside some me time. Colouring is more





enjoy the atmosphere to get creative!

Every Wednesday at the Tennis Courts 5pm We now have both nets up at the courts.

We have around 7 to 10 players coming along every week so come and join us for a hit.



School Holiday Movie Screening Moana





Join us for the screening of the computer animated movie Moana

An adventurous Polynesian girl sails out an a mission to save her people. She is joined on her voyage by the mighty demigod Maui who guides her to become a master wayfinder. Moana fulfills an ancient quest and discovers what she's always sought; her own identity

Free popoars and cordial will be served. Phone 5152 4225 or book in person at the library for this FREE event.

Monday 3 April 2.00 pm - 3.45 pm

Service Centre 2.00 pm - 3.45 pm

Friday 7 April Paynesville Service Centre 2.00 pm - 3.45 pm

Tuesday 11 April 2.30 pm - 4,15 pm

Wednesday 12 April Omeo Service Centre 2.00 pm - 3.45 pm

Wednesday 12 April Bairnsdale Library Forecourt Plaza 6.00 pm - 7,45 pm

Song Writing Workshop with Lucy Wise



Singer songwriter Lucy Wise will conduct a song writing workshop at Bairnsdale Library

Lucy has delighted audiences across Australia, New Zealand and the UK with her masterful starytelling, intricate ukulele and guitar playing and soulful voice. She has released four guitar playing and soulful voice. She has released rout albums. Her current release is A Painting of the Universe.

Songs can be a powerful way to tell stories, and can begin from the smallest idea. Responding to our surroundings using the group through writing a song together, as well as helping individuals to generate material for their own songs. Tuesday 4 April 2.00 pm - 4,00 pm

Participants who have instruments are encouraged to bring them along.

Phone 5152 4225 or book in person at the library for this FREE event.

EAST GIPPSLAND



Xbox Gaming Day School Holiday Event



Come and play Xbox games on the big screen in Meeting Room 1 at Bairnsdale Library

This is not a supervised event. Farents may consider staying

The games provided are suitable for the 5 to 12 age group. For which this event is being held.

For further information, phone 5152 4225 or inquire in person at the library about this FREE event.

Wednesday, 12 April Bairnsdale Übrary 11.30 am – 6.00 pm

EAST GIPPSLAND



Easter Activity Session



Children of ages 5 to 12 are invited along to enjoy Easter stories, craft activities and Easter games



Monday 3 April Paynesvilla Service Centre 2.00 pm - 3.30 pm

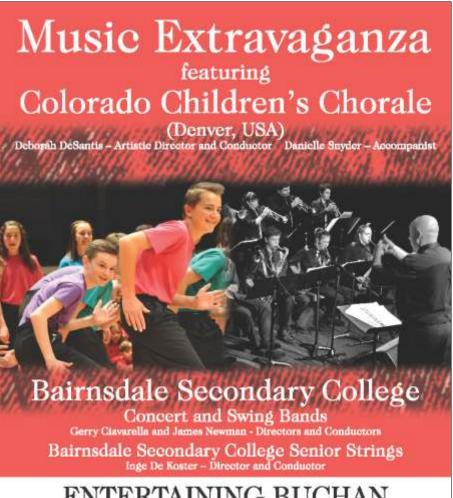
Wednesday 5 April Service Centre 3.00 pm - 4.00 pm

Wednesday 5 April Service Centra 2.00 pm - 3.00 pm

Thursday & April Service Centre

Friday 7 April Service Centre 2.00 pm - 3.30 pm

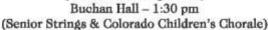
Baimedale Library 2.00 pm = 3.30 pm



ENTERTAINING BUCHAN



Sunday March 26, 2017 Buchan Hotel - 11:30 am - 1:00 pm (Concert & Swing Bands)





Entry by Donation Proceeds to Buchan Hall Improvement Fund





Buchan South Avenue of Honour has received \$3520 from the East Gippsland Shire Community Grants Program 2016/2017 to assist with the delivery of an Interpretive Display Shelter. This shelter will be similar in design to the tourist information board on the main street. It will include displays and information about the Avenue and its history providing a permanent dispplay. The shelter will be situated between the oaks on the avenue.

Bookings for the Buchan Recreation Pavilion and Hall

The Buchan Recreation and Hall Committee had its Triennial meeting on Monday 6th March and a new committee has been elected. Welcome to all the new members

All bookings for these facilities can now be made by contacting Yvonne Van Zon on 0422 327 455 or by emailing

buchanhallandrec@gmail.com

Church Services

Catholic Church

St Dymphna's

Woodgates Road, Buchan

Meets 1st and 3rd Saturday of each month

For service details contact Mary Wheeler 51 559 330

Uniting Church

The Andrew Davidson Memorial Uniting Church

Main Street, Buchan

See services for Anglican Church

For service details contact Leona Lavell 51 559 395

Anglican Church

St Marys

Main Street, Buchan

Meets every 3rd Sunday every second month at 2.30 pm For service details contact Rhonda Coates 51 559 373

BUCHAN BIG BUCKS \$100 CLUB

Every Thursday night at 7,30pm before gone day there will be a

\$100 CASH DRAW

First drux 6" April 2017, If winner not present, the prize will judged by \$50 lets the following weeks draw. The remaining \$50 will go into the "Reverse Draw" jeckpot, held on the last galax of the season.

MAJOR JACKPOT CASH DRAW

Resente draw is held un the 29" July (last home gaze) and is inclusive of food and base and wine (5 -8pm) on the evening for Bucha Big Books \$100 Club

Reverse drew tigil numbers are placed in a hart, of they are crown they are ekinyrated and the last number is the winner of the rigger cash jackput

Bigaines Chris Northury 0408825094 or Suste Mayords 0419486559

Brest - basnootno@tomarc.com

Warken Poortsell Netboll Club

Payment is cash/chequa/street debit 858 633000 Acc No. 144625175

Country Women's Association Irish Apple Cake



A simple rustic type of cake. Nice served as a dessert cake with warm custard or ice-cream.

Ingredients

250 g plain flour

- 1 teaspoon baking powder
- 125 g sugar
- 125 g butter
- 3 -4 cooking apples, peeled cored and roughly chopped
- 1 egg, beaten
- 1/3 cup milk

Directions

Preheat oven to 180°C.

Grease a 20cm round cake tin.

Sift together the flour, baking powder and the sugar.

Cut in the butter roughly with a knife (do not rub it in).

Add the apples.

Stir in the egg and milk to make a fairly stiff mixture. The batter will appear fairly

Pour the mixture into the prepared cake tin.

Bake for about 1 hour.

This cake can be cooked ahead and reheated in the microwave as needed.

Anzac Day Tuesday 25th April, 2017

Dawn Service & Gunfire Breakfast (BBQ)

5.45am Gather at the Avenue. Flag at half-mast.

6.00 "STAND TO" & Welcome

Guest Speaker

"The Ode"

Last Post

One Minute Silence

National Anthem

6.30 All invited to the "GUNFIRE BREAKFAST BARBEQUE"

(\$5 PER PERSON, children FREE) and to stay on afterwards, or come back if you wish, for the 10am Service

(Later service) 10.00am

*Flag at half mast

Welcome and short address

* Guest speaker: East Gippsland Shire Councillor

* Guest speaker: Dorothy Chi-

ron

Buchan Primary School Stu-

dents

Placing of the Wreaths

*Ode

*Last Post

*One Minute Silence

*Reveille and Flag raised to the masthead

Song "Advance Australia Fair"





East Gippsland Shire Council

This edition of the newsletter features some of the great programs being offered at our libraries. Movie screenings, school holidays activities and tech savy and seminaros for seniors. See features for dates and times

Outreach Services

Library Books can be reserved, collected or returned at the Neighbourhood House. Mobile Library Bus days are held fortnightly on a Tuesday.

Future visits 28th March and 11th April, 2017

This KIDD can sing! starring David Kidd

Buchan Hall Sunday 4th June 5pm

In a career spanning twenty-five years, David has been continually in demand on theatrical and concert stages, as a corporate performer and a recording artist. For fourteen years, David toured with Australian ensemble The Tenors, performing 2100 shows in 24 countries and recording on albums totalling over 2.4 million sales worldwide.

This polished professional knows exactly how to put on a dynamic, uplifting and hugely entertaining show, bringing a sense of fun and sophistication to classics from the worlds of Opera, Music Theatre, Jazz and everything in between

including the soaring Puccini's 'Nessun dorma', My Fair Lady's On the Street Where You Live and Bring Him Home from Les Miserables. He will delight the audience with his superlative voice in this wonderful song fest.







East Gippsland caves; 100 years of newspaper articles: 1854 - 1954 Thanks, explanations, and the fine print.

Part one Buchan Phoenix Feb 2017 (1854 to 1880) Part two...

1882

The caves of Limestone Creek were first reported on by Thomas Easton, as a marble resource.

One paragraph near the end of the article is telling:-

'I much regret to say that the workman I have spoken of appear to have committed a great deal of unnecessary mischief in the caves we searched, as in some of them barrow loads of stalactites were lying on the floor, having been uselessly and wantonly broken off.'

This is the one and only reference to the caves of Limestone creek found.

1884

This was a busier year for cave news

The first reports on NN-1, Nargun, and NN-2 appeared.

The article titled 'How I found Nargun Cave" by J.D.S. mentions that;

'Bulmer had seen the cave but it was so many years ago that he had forgotten the precise locality.'

From this is it clear that white men knew of the cave prior to this date.

He wrote in the article the fears of the Aboriginals about the Nurgun and refused to take him there and the difficulty in locating the cave.

One article says the flowing stream water was pure and the second that the creek through the cave was dry but from the 'driftwood shows that sometimes it is four or five foot deep'.

There is no mention at all of bats.

As with the Limestone Creek caves there are no further references found on the Nowa Nowa caves.

There is also a good description of the Cathedral cave (EB-4 Wilsons), by E. M. Buchan.

The exploration was with kerosene lanterns.

Mega fauna bones were noted in the sediments 'entombed beneath the stalactites,' as well as bats in their three hours exploring. This is the only mention of bats in any article.

The bones were also mentioned in several later articles.

After this Buchan goes on to say:- 'At one place on the Buchan River the river has undermined and caused a cave to fall down, thus leaving exposed to the sunlight the hill wall which was most interesting. The stalactites here are seen to great advantage, and I have obtained beautiful specimens of petrified grasses, reeds, roots etc.

This year also saw the first mention of Reserves for the caves.

An application to the Bairnsdale Lands Board by Gen. McKie, for 299a Buchan, east of J. P. Wilson's was 'recommended subject to excision for caves.'

1885

The caves are now becoming more well-known and visitors can now pay for a guide to tour the caves.

Cricketers from around the district were escorted through 'Wilsons caves'. The name had changed since the previous year to what we call the cave today.

The Cricket Club Hotel (now Homeleigh; owned by Rimstone Cooperative) was open for business and visitors could obtain a cave guide at the hotel. J. M. had a long poem about the caves printed.

1886

A tour through Wilsons cave is described.

Lighting was kerosene torches and candles but at one place 'Our guide here teased a quantity of stringy bark and saturating it with kerosene applied match.' Apparently the effect was a good one.

It is also stated that 'The Spring Creek caves and the Murrindal caves are said to be equal to Wilson's caves'.

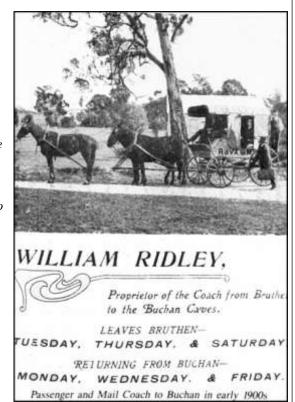
It is possible that the Spring Creek caves referred to is B-15, Childrens cave

The Murrindal caves could refer to M-32, Dicksons.

1887

Mr Foley advertises a regular Bruthen to Buchan coach run and 'will make special arrangements with those desirous of visiting the far-famed Buchan caves.

Landowners are becoming annoyed with visiting sportsmen shooting, disturbing stock and damaging fences, particularly on Sundays.





COMMUNITY HERITAGE GRANTS APPLICATIONS OPEN

Federal Member for Gippsland Darren Chester has encouraged not-for-profit community groups to apply to the Community Heritage Grants Program to help preserve significant

Grants of up to \$15,000 are available for community organisations such as public libraries, museums, historical societies, Indigenous and multicultural groups to preserve and protect nationally significant collections.

"These grants help local communities to preserve and display culturally important material such as artefacts, letters, diaries and photographs. The grants help to keep these items intact and available to the wider community," Mr Chester said.

The program also offers collection management training workshops to assist staff and

Minister for the Arts Mitch Fifield said the Community Heritage Grants Program helped small community groups manage natural, historical and Indigenous heritage collections and enabled collaboration with national cultural institutions such as the National Library of

"The program is an important way of protecting culturally significant items in our regions and connecting community groups with our national institutions to share their knowledge

The Community Heritage Grants Program is administered by the National Library of Australia, with support provided by the Department of Communications and the Arts, the National Archives of Australia, the National Film and Sound Archive and the National Museum of Australia.

Applications close Monday, May 8, 2017.

The guidelines and application forms are available at: www.nla.gov.au/awards-and-

Media contact: Jo Crawford-Wynd, Damen Chester's office P: (03) 5144 6744

Well done to the Buchan C Grade cricket team for making it to

Playing Lindenow on Saturday 11th March. Buchan were beaten with a 40 run win 9/152. Ebony Cuskelly was Buchan's best bowler, introduced into the attack late on her way taking 4 wicket. Well done to Travis Bowen for taking on the skipperss roll. Both Travis and Zo Quinsey-Munro claimed two wickets each.





Buchan Neighbourhood Tuesday 18th April 7 - 8.30pm Cost - \$10 per family -

Healthy refreshments provided.

This is a presentation and workshop designed to empower people to understand more about health and well-being. You will be provided with information and resources to help you be more proactive and effective in achieving and maintaining

The presentation will give you a simple overview of the amazing way our body works and the incredible ability it has to restore itself to better health if given the chance. We will explore some exciting new science and some old wisdom.

Participants will receive an invitation to a free personal or family consultation where I can provide specific information and together we can map a pathway towards better health.

Presented by Sharon Dent - Ph. 0468387524

silvaaust@gmail.com

https://www.facebook.com/pages/Help-Yourself-To-Better-Health/638744762829147

RSVP to Sharon or Buchan Neighbourhood House by Tuesday 11th

EAST GIPPSLAND



Legal Matters & Ageing Seminar



Free seniors forum covering topics on Enduring Powers of Attorney, Ageism and Planning Ahead

Learn more about your legal rights and options, have your questions answered and receive a free kit Take Control A Guide to Making Enduring Powers of Attorney.

Proudly brought to you by East Giapsland Shire Council &

Bookings are essential - RSVP by 20 March 2017. Phone \$152 4225 or book in person at the library for this FREE event.

Monday 27 March 2017 Meeting Room 1 **Bairnsdale Library** 22 Service Street 10.00 am - 12.00 noon



For help with elder abuse: (1300 368 821

EAST GIPPSLAND



Understanding Income Streams Seminar for Seniors



Free financial information seminar facilitated by the Department of Human Services - Financial Information Service

The seminar will cover:

- How income streams work both account based and annuities
- Investment considerations Possible lees and charges

Phone 5152 4225 or book in person at the library for this FREE event.

Tuesday 21 March 2017 Meeting Room 1 Bairnsdale Library 22 Service Street 1.00 pm - 3.00 pm

