



Australian Government

Australian Digital Health Agency

Your health record in your hands

This year you will get a **My Health Record**, unless you tell us you don't want one.

What is 'My Health Record'?

My Health Record is an online summary of your key health information. More than 1 in 5 Australians already have one. Over time, My Health Record will bring together health information such as medical conditions, medicines, allergies and test results in one place. This means safer and more efficient care for you and your family.



For more information go to:

MyHealthRecord.gov.au | Help line 1800 723 471



Personally controlled

It's your choice who sees your My Health Record and what's in it. You can choose to share your information with the healthcare providers involved in your care. By allowing them to upload, view and share documents in your My Health Record, they will have a more detailed picture with which to make decisions, diagnose and provide treatment.

A secure system

My Health Record has various safeguards in place to protect your information including encryption, firewalls and secure login.

What do I have to do?

You don't have to do anything. A secure My Health Record will be created for you by the end of 2018 if you have a Medicare or Department of Veterans' Affairs card.

However, if you don't want a My Health Record, let us know by 15 October 2018 by visiting our website or calling our Help line.

